

DEAF MENTAL HEALTH ACCESS LINE

404-494-6846

Are you feeling depressed, too stressed out, or worry too much?

Do you have personal or family problems that make you unhappy?

Do you want to talk to someone to help resolve problems and learn to handle stress better?

Are you suffering from abuse or an addiction to alcohol or drugs?

Do you feel you are in crisis: feeling hopeless, thinking about dying, hurting yourself or others?

There is Help!

The **Deaf Mental Health Access Line** is staffed by G.R.E.A.T. D.A.Y. We understand deafness and mental health issues. When you call, we will do a short assessment and help you get connected to a counseling agency in your area, state-wide, for accessible evaluation and treatment. We will then help the counseling agency understand the need for an interpreter, if appropriate.

How?

Call the **Deaf Mental Health Access Line** at **404-494-6846**, from 9 am to 5 pm, Monday through Friday (excluding holidays), via **voice**, video/tty/internet **relay**. Or by:

- ❖ Email: accessdmh@greatdayinc.net
- ❖ Text Messaging: **404-494-6846**
- ❖ Windows Live Messenger: accessdmh@greatdayinc.net
- ❖ AIM: Screen name **accessdmh**
- ❖ Yahoo Messenger ID: **accessdmh**

If you call us with a **mental health emergency**, we will relay your information and connect your call to the GA Crisis and Access Line for coordination of crisis services. **The Georgia Crisis and Access Line is available for mental health emergencies 24 hrs a day at 1-800-715-4225.**

*The **Deaf Mental Health Access Line** is brought to you by the Georgia Department of Human Resources, Division of Mental Health, Developmental Disabilities, and Addictive Diseases www.mhddad.dhr.georgia.gov
and by*

***G.R.E.A.T. D.A.Y., Inc** – GA Resources: Education, Advocacy and Treatment for Deaf Adults and Youth, Inc.
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