

# DEAF MENTAL HEALTH ACCESS LINE

**404-494-6846**

*Are you feeling depressed, too stressed out, or worry too much?*

*Do you have personal or family problems that make you unhappy?*

*Do you want to talk to someone to help resolve problems and learn to handle stress better?*

*Are you suffering from abuse or an addiction to alcohol or drugs?*

*Do you feel you are in crisis: feeling hopeless, thinking about dying, hurting yourself or others?*

## **There is Help!**

The **Deaf Mental Health Access Line** is staffed by G.R.E.A.T. D.A.Y. We understand deafness and mental health issues. When you call, we will do a short assessment and help you get connected to a counseling agency in your area, state-wide, for accessible evaluation and treatment. We will then help the counseling agency understand the need for an interpreter, if appropriate.

## **How?**

Call the **Deaf Mental Health Access Line** at **404-494-6846**, from 9 am to 5 pm, Monday through Friday (excluding holidays), via **voice**, video/tty/internet **relay**. Or by:

- ❖ Email: [accessdmh@greatdayinc.net](mailto:accessdmh@greatdayinc.net)
- ❖ Text Messaging: **404-494-6846**
- ❖ Windows Live Messenger: [accessdmh@greatdayinc.net](http://accessdmh@greatdayinc.net)
- ❖ AIM: Screen name **accessdmh**
- ❖ Yahoo Messenger ID: **accessdmh**

If you call us with a **mental health emergency**, we will relay your information and connect your call to the GA Crisis and Access Line for coordination of crisis services. **The Georgia Crisis and Access Line is available for mental health emergencies 24 hrs a day at 1-800-715-4225.**

*The **Deaf Mental Health Access Line** is brought to you by the Georgia Department of Human Resources, Division of Mental Health, Developmental Disabilities, and Addictive Diseases [www.mhddad.dhr.georgia.gov](http://www.mhddad.dhr.georgia.gov) and by*

***G.R.E.A.T. D.A.Y., Inc** – GA Resources: Education, Advocacy and Treatment for Deaf Adults and Youth, Inc.  
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