

***Breakout Conference:  
Effective Mental Health Services  
for Deaf and Hard of Hearing Persons***

***June 17-19, 2010***

**Westin Atlanta North Hotel at Perimeter  
Seven Concourse Parkway  
Atlanta, GA**

**Goal of the Conference**

The *American Deafness and Rehabilitation Association (ADARA)* is pleased to revive the ***Breakout Conference*** in cooperation with the *Gallaudet University Regional Center at Flagler College*. The goal of this conference is to provide training and networking opportunities for mental health professionals serving deaf, deafened, and hard of hearing adults and/or children who have severe mental illness or emotional disorders. Presentations will provide increased awareness of Deaf culture issues and best practices that attendees will be able to implement and utilize in the workplace.

**Hotel Information**

The conference will be held at the Westin Atlanta North Hotel at Perimeter. Single and double rooms are available at \$99/night + taxes. Triple and quad rooms are available at \$199/night and suites are available at \$209/night based on availability. **Reservations must be made no later than Tuesday May 18, 2010.** Rates are valid 3 days prior and post conference dates, based on availability. Guests will receive complimentary internet access in room and one breakfast coupon per room per night.

Individuals may make their reservations by calling the hotel at 1-800-937-8461 or Fax at 770-395-3918. A credit card number or 1 nights advance deposit will be required to secure a room. Cancellations must be received 24 hours prior to arrival or 1 night room and tax will be assessed. There is a \$75 early departure fee. Guests wishing to avoid this fee must advise the hotel at or before check-in.

Guests may make reservations online at <http://www.starwoodmeeting.com/book/flagleru>

**Tentative Schedule**

*Thursday June 17*

9:00 – 4:00 pm	Dialectical Behavior Therapy pre-conference
7:00 -9:00 pm	Reception and opening presentation

*Friday June 18*

8:30 – 10:00	Plenary session with keynote presenter
10:00 -12:00	Concurrent sessions
12:00 – 1:30	Lunch on your own
1:30 -5:00	Concurrent sessions

*Saturday June 19*

8:30 – 12:00	Concurrent sessions
12:00 – 3:00	Lunch and closing keynote presentation

**For more information, contact Steve Larew at [SLarew@flagler.edu](mailto:SLarew@flagler.edu) or 866-948-8248 VP**

# Registration Form

*Breakout Conference:  
Effective Mental Health Services  
for Deaf and Hard of Hearing Persons*

*June 17-19, 2010*

Name \_\_\_\_\_ Title \_\_\_\_\_  
Organization \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone \_\_\_\_\_  TTY  Voice  VP  
Email \_\_\_\_\_

Sign Language interpreters will be provided. If you have other accessibility requests, please submit by May 14, 2010.

ALD  CART Other \_\_\_\_\_

CEUs desired? RID \_\_\_ LMHC \_\_\_ APA \_\_\_ NASW \_\_\_ Other \_\_\_\_\_

**Mail Registration (Saturday lunch included) Must be postmarked by June 10, 2010**

Dialectical Behavior Therapy pre-conference	\$150.00	_____
Full Conference (Thursday reception, Fri, Sat)	\$200.00	_____
Student Registration (copy of School ID required) (must be full-time student)	\$150.00	_____
Friday Only	\$100.00	_____
Saturday Only (lunch included)	\$125.00	_____

**On-site Registration (After June 10, 2010)**

Full Conference	\$225.00
Student Registration (copy of School ID required)	\$175.00
One-day registration (meals not included)	\$150.00

Check Enclosed \_\_\_\_\_ Purchase Order Enclosed \_\_\_\_\_

Credit Card

Security code must be included to process. (3 numbers on back of card)

Card # \_\_\_\_\_ Security code \_\_\_\_\_ Exp date \_\_\_\_\_

*Please enclose a check for the registration fee made payable to Gallaudet University Regional Center. Requests for refunds must be received in writing by June 1, 2010).*

Mail this form and fee to:

Gallaudet University Regional Center  
Flagler College  
P.O. Box 1027  
St. Augustine, FL 32085-1027  
904-824-0714 FAX

## ***Breakout Pre-conference***

### ***Bringing Dialectical Behavior Therapy to Deaf Clients: Modifications for Skills Group & Individual Therapy***

**Presented by Amanda O'Hearn, Ph.D. and Sharon L. Haynes, LMSW  
Deaf Wellness Center, University of Rochester Medical Center**

**Thursday June 17  
9:00 am to 4:00 pm**

**\$150.00 Registration Fee**

Dialectical Behavior Therapy (DBT) is an empirically-supported treatment that was developed by Marsha Linehan, Ph.D. to help people with Borderline Personality Disorder. DBT is a comprehensive cognitive-behavioral treatment that is helpful for people who have difficulty controlling or managing their emotions and is considered to be the best evidence-based treatment for suicidal borderline individuals and has been found to be useful with lots of different patient populations. DBT is widely used with hearing clients, however with its heavy reliance on written materials (especially during Stage One of treatment), its accessibility to Deaf clients is limited. The materials presume an 8<sup>th</sup> grade English literacy competency, and a familiarity with dominant culture. This poses barriers to many deaf clients.

The Deaf Wellness Center has made considerable modifications to both written materials and methods to make DBT accessible for Deaf clients. This workshop will teach the skills training aspect of DBT which is applicable for both group and individual settings. All four modules will be reviewed as well as materials shared that work for a variety of cognitive levels. We will discuss unique deaf-specific challenges of establishing all-deaf groups (such as managing confidentiality, and dual roles). Extra emphasis will be placed on making mindfulness work with deaf clients, using behavioral chain analysis to help clients change as well as validation in treatment.

*This pre-conference is sponsored by the  
Deaf Wellness Center  
University of Rochester Medical Center*